

INFORMATION, YOUR CONSENT AND AGREEMENT

Notice to the Practitioner: This form should be signed by the patient prior to treatment and kept for your records.

Patient's informed consent and agreement for RISIO Clear Aligners orthodontic treatment.

Your Dentist has recommended orthodontic treatment with RISIO Clear Aligners. This treatment can be very beneficial, leading to straighter teeth and a more attractive smile. However, you should be informed that it also has its limitations and potential risks that you should be aware of before proceeding with treatment.

What are clear aligners and how do they work?

RISIO Clear Aligners works through a system of clear aligners. Clear aligners are transparent, removable appliances that fit comfortably over your own teeth. They work by moving the teeth gradually and predictably until they reach the desired position. Your clear aligners are made by RISIO using a sophisticated software programme, and your Dentist's diagnosis, to establish the ideal alignment for your teeth and hence the number of steps required to achieve the perfect smile. This information will be collaborated into a personalised Treatment Plan. Once you and your Dentist have approved the Treatment Plan, RISIO Clear Aligners will produce the aligners required for your treatment.

What happens before treatment?

Prior to beginning treatment, you may undergo a routine orthodontic assessment and pre-treatment examination. This may include photographs and radiographs (x-rays). Your Dentist will also need to take impressions or digital intra-orals scans of your teeth which will need to be submitted to RISIO Clear Aligners with a prescription. The orthodontic technicians will then use this information to create a Treatment Plan of your prescribed treatment. Once you and your Dentist have approved the Treatment Plan, RISIO will produce the aligners required for your treatment.

How long will your treatment take?

The length of treatment will vary depending on the complexity of the misalignment and your Dentist's prescription. Normally, you will need to work through a series of aligners, wearing each for approximately two to three weeks at a time, as directed by your Dentist. The aligners will be individually numbered in order of use. Unless instructed otherwise, aligners need to be worn for 20-22 hours per day for best results. They should be removed for eating, drinking, contact sports and maintenance of oral hygiene.

Follow up

During your treatment it is important to have regular follow-up appointments with your Dentist. These should take place every 6-8 weeks, at a minimum. In order to achieve the best results, some patients may need additional bonded aesthetic attachments and/or elastics to assist with specific orthodontic movements. Patients may also require some further refinements after the RISIO Clear Aligners treatment and on occasion additional impressions or intra-oral scans.

Treatment Benefits

- RISIO Clear Aligners are nearly invisible and virtually unnoticeable.
- The aligners are not glued to your teeth like conventional metal braces.
- Teeth are not damaged when aligners are fitted.
- The aligners are incredibly comfortable to wear and easy to remove.
- Treatment with RISIO Clear Aligners may result in an improved oral hygiene regime.

RISIO Clear Aligners are specifically designed to fit in with your normal daily routine.

Risks

Any orthodontic treatment carries an element of risk.

The potential risks involved with RISIO Clear Aligners treatment are as follows:

1. If you miss appointments or fail to wear your aligners as directed by your Dentist, your treatment time may be longer and you may not get the result you desire.
2. Your teeth can still continue to move after your treatment is complete. To prevent this, your Dentist will advise on the correct type and use of a post-treatment retainer. It is important that you follow this advice.
3. Your teeth may need recontouring or reshaping to allow for tooth movement. This is called Inter-Proximal Reduction (IPR).
4. You may experience some tenderness and/or soreness when changing to the next aligner.
5. Cheeks, gums and lips may be irritated by the aligners.
6. Tooth decay and other dental problems may arise if you do not brush and floss your teeth correctly during treatment, or consume sugary food and drinks prior to wearing your aligners.
7. Your speech may be temporarily affected by the aligners, however any impediment is likely to be minor and should resolve within a week or two of treatment.
8. You may experience a temporary increase in salivation or dryness of mouth during treatment.
9. Bonded attachments and/or elastics may be required during treatment to allow for specific orthodontic movements. These may be noticeable while wearing aligners but will be removed once treatment has been completed.
10. Bonded attachments may dislodge during treatment and require reapplication.
11. The bite may be altered throughout the course of treatment causing some temporary discomfort and may require adjustment once treatment is completed.
12. Cases of severe open bite, overjet, skeletally narrow jaw and/or mixed dentition may not be treated with aligners alone and may require additional supplementary treatment.
13. Missing, erupting and/or atypically shaped teeth may affect the fit of aligners and ultimately treatment results.
14. Teeth which have been over-lapping for an extended period of time may result in a "black triangle" space after treatment, due to missing gingival tissue below the interproximal contact.
15. The roots of the teeth may be shortened during treatment which can affect the useful life of the teeth. In addition, the health of the bones and gums supporting the teeth may be affected.
16. Although rare, some patients may also experience jaw problems, resulting in joint pain, ear problems or headaches.
17. In severe cases, oral surgery may be required prior to treatment for the correction of crowding or severe jaw imbalances. Risks associated with anaesthesia and correct healing must be considered during treatment planning.
18. Teeth that have been significantly restored or traumatised in the past may be aggravated. In some cases, these teeth may require additional treatment or replacement.
19. Restorations such as crowns, bridges or veneers may become dislodged and need re-cementing or in some cases, replacing.
20. Aligners cannot be used to move dental implants.
21. Short clinical crowns can affect tooth movement.
22. Allergic reactions can occur.
23. Medical conditions and the use of medication can affect your treatment.
24. Aligners are more prone to breakage if the patient has multiple missing teeth.
25. Orthodontic appliances (or any small parts) can be dangerous if accidentally swallowed or aspirated.

Your Consent

I have been given sufficient time to read the preceding information regarding treatment with RISIO Clear Aligners and I have had the opportunity to ask questions, as well as discuss any concerns with my Dentist. I understand clearly the procedures, benefits and risks involved with my treatment as well as the option of alternative or no treatment.

No assurances or guarantees regarding the outcome of my treatment have been made to me by my Dentist, or RISIO Clear Aligners. I understand that RISIO Clear Aligners is not a provider of dental, medical or health care services and cannot practice dentistry, medicine or give medical advice. I understand that because orthodontics is not an exact science that my Dentist or RISIO Clear Aligners (on behalf of ALS Dental, Dartford, Kent); its representatives, successors, assigns, and agents have not or cannot make any guarantees or assurances concerning the outcome of my treatment.

I understand that RISIO Clear Aligners will receive my personal data, including but not limited to, name, date of birth, radiographs (x-rays), reports, photographs, charts, medical history, impressions, prescriptions plaster models of teeth, intra-oral scans, findings, diagnosis, medical testing, test results, billing, and other treatment records in my Dentists possession to the extent necessary for treatment, customer service and billing. My Medical Records will only be shared with third parties if this is covered by my consent or otherwise permitted by an applicable law. RISIO Clear Aligners may also use this information for internal education, analysis, case studies and internal review purposes. I understand that all personal data will be handled in compliance with the UK law including the EU General Data Protection Regulation and the Data Protection Act; and that I may request my personal data at any time.

I will not, nor shall anyone on my behalf seek legal, monetary or equitable remedies or damages for such disclosure. I acknowledge that use of my Personal Data and Medical Records is without compensation and that I will not, nor shall anyone on my behalf, have any right of approval, claim of compensation, or obtain or seek equitable, monetary or legal damages or remedies arising out of any use such that comply with the terms of this consent.

A copy of this consent shall be considered as valid and effective as the original.

I have read, understand and agreed to the terms set forth in this consent as indicated by my signature below.

Signature: _____

Print name: _____

Date: _____

Address: _____

Witnessed by (signature): _____

Witnessed by (print name): _____

Signature of parent/guardian: _____

Parent/Guardian (print name): _____

Clinician Name: _____

Clinic Name: _____

Clinic Address: _____

Clinic Contact Number: _____



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